

Freezer Beef Pot Roast

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Ingredients:

- 2 lb beef chuck roast
- 2 ½ lb potatoes, peeled and cubed
- 1 medium onion, quartered
- 1 package onion soup mix or ¼ cup homemade
- 2 cups hot water

Directions for freezing:

Put roast, potatoes and onion in a labeled gallon Ziploc bag.

Combine soup mix and water.

Pour over meat and vegetables.

To prevent the potatoes from turning brown, be sure they are covered with liquid. Add a little more water if needed.

Freeze.

Directions for cooking:

Thaw, at least mostly.

Add all contents of the bag to a greased crock pot, cover and cook on high for 4-6 hours or low 6-8 hours.

Serve.