

Low Carb Crock Pot Chili

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Ingredients:

- 1 lb cooked and drained ground beef
- 2 cups diced fresh mushrooms (or more)
- ½ cup chopped green pepper
- ½ cup chopped onion
- 28 oz can crushed tomatoes with juice
- 1 cup beef broth
- 1 Tbsp chili powder or more to taste
- ½ tsp pepper
- 1 tsp salt
- ½ tsp garlic powder

Directions:

Add everything to a greased crock pot.

Stir.

Cover and cook on low for 8-10 hours or high 4-6 hours.

Serve with shredded cheese and sour cream if desired.

It is even better warmed up later.

It can also be cooked on the stovetop. Just add everything to a saucepan and simmer gently for at least an hour.

