

Crock Pot Creamy Italian Chicken

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Ingredients:

3-4 boneless, skinless chicken breasts, about 1 ½ pounds
8 oz cream cheese, softened
1 can cream of chicken or [homemade mix](#)
1 dry packet of Italian seasoning or 2 Tbsp of [homemade mix](#)

To assemble:

Label a Ziploc bag.
Combine all but chicken and blend thoroughly.
Put chicken in a freezer gallon Ziploc bag.
Add liquid and use fingers on the outside of the bag to coat the chicken.
Seal, making sure all air is removed.
Freeze.

To cook:

Remove bag from freezer at least an hour before cooking or run under warm water for several minutes.
Spray a crock pot and dump contents of bag into crock pot.
Cover and cook on low for 4-6 hours.

