

Red Beet Eggs

<http://myproductivebackyard.com/?p=2500&preview=true>



Ingredients:

12 hard boiled eggs, shelled

2 cans sliced or whole beets

2 cups beet juice from cans (add water to make that much if needed)

2 cups white vinegar (equal to amount of beet juice/water)

1/4 cup of sugar, 12 packs Stevia, 1/4 cup of Xylitol or equivalent substitute of your choice--this is totally *to taste*

Directions:

Heat beet juice/water to very hot but not boiling.

Add sugar or sugar substitute and stir until dissolved.

Add vinegar.

Put eggs and beets in glass jar.

Let liquid cool just a little then pour over eggs and beets.

Let sit for at least 4 days.