

Simple Sautéed Squash

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Ingredients:

1 medium squash; green zucchini or yellow squash, about 1 pound

2 Tbsp butter

1 tsp garlic powder, or to taste

Salt and pepper to taste

Directions:

Peel and dice squash. Leave some peel if desired. Remove seeds if desired.

Melt butter in skillet.

Add squash and seasonings.

Sautee until desired texture, probably 5-10 minutes; longer for softer squash and less time for firm or crunchy.

Stir frequently to coat evenly with butter and seasonings.

