

Cheesy Low Carb Cabbage

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Ingredients:

- 1/2 head of cabbage (about 1 pound)
- 2 Tbsp butter
- 1/4 cup chopped onion
- Salt and pepper to taste
- 1 cup sour cream
- 3/4 cup shredded cheddar cheese

Directions:

Core and cut the cabbage into strips.

Cook the cabbage and onion in the butter over medium heat until it is as soft as you like. Season with salt and pepper.

Put cabbage and onions in a greased 7 x 11 baking dish.

Spread sour cream over top.

Sprinkle with cheese.

Bake in a preheated 375* oven for about 30 minutes or until it is heated through and cheese is bubbly.

This can be doubled for a 9 x 13 baking dish. Use the same directions and double the ingredients.