

Freezer Chicken Cacciatore

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Ingredients:

- 2 pounds boneless, skinless chicken breasts
- 1 onion, sliced
- 1 bell pepper, sliced
- 8 oz can mushrooms, drained or 1/2 pound fresh mushrooms
- 1 Tbsp minced garlic
- 12 oz can tomato paste
- 2 10oz cans diced tomatoes with green chilies, with liquid
- 1/4 cup red cooking wine
- 1 cup water
- 1 tsp oregano
- 1/2 tsp basil
- 1/2 tsp salt
- 1/4 tsp pepper

To freeze: Put chicken, onion, pepper and mushrooms into a labeled Ziploc freezer bag. Combine the other ingredients and pour over chicken and vegetables. Lay flat and freeze.

To cook: Thaw or at least mostly thaw and put in a greased crock pot. Cook 4-6 hours on high or 6-8 hours on low.