

Creamy Broccoli Cauliflower Salad

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Ingredients for salad:

- 2 cups broccoli, cut into bite sized pieces
- 2 cups cauliflower, cut into bite sized pieces (1/2 of a small head)
- 1/4 cup diced red bell pepper (any color but red is pretty)
- 1/2 cup shredded cheddar cheese
- 1/4 cup cooked, crumbled, crisp bacon
- 1/8 cup chopped green onion

Ingredients for dressing:

- 1/2 cup mayonnaise
- 1/2 cup sour cream (or plain yogurt)
- 1 Tbsp white vinegar
- 1-2 Tbsp of sweetener of choice, optional

Directions:

- Mix salad ingredients together.
- Mix dressing ingredients together.
- Gently stir dressing into salad ingredients.
- Serve.
- Makes about 6 1/2 cups of broccoli cauliflower salad